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The fine print, in no particular order.

We love our café, our staff, our customers and little old Lismore. We pride ourselves on using local, ethical and sustainably sourced produce wherever possible. Our team are just like you, and for that reason we ensure we have plenty of options to suit all dietary requirements. All of our bread is organic. VOA = vegan or vegetarian option is available on request. GF = Gluten free. V = Vegetarian. Gluten free toast substitute +\$1. Half serves on 'selected' dishes -\$3. We open 7 days per week at 7am, 362 days per year (floods permitting). On Sundays and public holidays we charge an extra 10% which goes to staff because they are awesome and deserve it. Our kitchen closes at 2:30pm, we close around 3:30pm. We do a lot of corporate catering and the venue is available for private functions. Thanks from us.

New brekkies from the kitchen All-day except holiday periods

The Bank Royale

Smoked salmon, avocado, haloumi, poached egg, wilted spinach, cherry tomatoes and hollandaise on organic sourdough toast 20

The Great Avocado

Organic pumpkin sourdough toast topped with avocado, crumbled feta, haloumi, poached egg, cherry tomatoes, fresh herbs, balsamic glaze and pistachio dukkah 17

Big Breakfast Burger

Double bacon, double egg, double cheese, avocado, spinach, caramelised onion, house pickles, hash browns, smoky BBQ sauce and aioli 18 (may require a knife, fork, multiple napkins and an empty stomach)

Vegan Big Breakfast

Marinated mushrooms, sautéed greens, grilled tomato, avocado, hash browns, relish on organic pumpkin sourdough toast 22

Corn & Mint Fritters (V)

2 poached eggs, marinated feta, cherry tomatoes, relish & avocado aioli 15 / add bacon or haloumi +4

Avocado & Lemon Ricotta (V)

2 slices of toasted organic sourdough with zesty lemon ricotta, sliced avocado and toasted seed mix 14
+ add 2 poached eggs +4, bacon or haloumi +4, smoked salmon +5

Red Velvet Pancakes (V)

Blueberry coulis, seasonal fruit, vanilla ice cream, maple pecan chocolate crumb and maple syrup 18

Berry Waffles (V)

Boysenberry ice cream, seasonal fruit, white chocolate, maple roasted pecans and maple syrup 16.5
Go Canadian and add bacon +4

-NEW BREAKFASTS-

Classics & favourites All-day except holiday periods

Farmers Big Breakfast

Poached eggs, bacon, pork sausage, grilled tomato, mushrooms, hash browns, relish & organic toast 24

Veggie Bowl (V,GF)

Sautéed greens, roasted pumpkin, haloumi, cherry tomatoes, poached eggs and pistachio dukkah 18

Eggs Benedict (VOA)

Smoked Ham / Bacon / Mushrooms / Florentine 18 with Smoked Salmon +2

Breakfast Butty

It's our version of the no frills breakfast roll. \$8.50 SPECIAL \$10 with regular coffee when ordered before 9am

- Bacon & egg with spinach, onion jam and aioli
- Grilled haloumi, lettuce, tomato with relish and aioli

Organic Toast (V)

2 slices sourdough, turkish, fruit or gluten free. PB, vegemite, honey, jam, nutella, butter or nuttelex 6

Banana Bread

Whipped maple butter 7

Toasted Macadamia Muesli (GF,V)

Seasonal fruit, mango coulis, yogurt and your choice of milk 14 Gluten free available. Swap dairy for coconut yogurt +2

Build your own.....

Free Range Eggs on Organic Toast

Poached or fried 10 / Scrambled 12

..... Add some extras >>>

<p><u>+5</u> smoked salmon, 2 pork sausages <u>+4</u> bacon, ham, haloumi, mushrooms <u>+3</u> grilled tomato, wilted spinach, 2 hash browns, marinated feta, half avocado <u>+2</u> pesto, relish, hollandaise, 1 egg</p>
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-CLASSIC BREAKFASTS-

Mains Served from 11:30am - 2:30pm

Southern Fried Chicken (GF)

Crunchy southern fried chicken breast served with herby slaw, crispy fried chat potatoes, house-made pickles and chipotle aioli 24

Cajun Spiced Barramundi

Grilled cajun spiced barramundi fillet served with sweet potato wedges, mixed chef's salad and dill aioli 24

Bank Buddha Bowl

Get your daily dose of healthy grains, salad, vegetables and protein. See staff or the board for the current special. *Prices vary*

Falafel Mezze (VEGAN)

Our famous chickpea & green pea falafel served with mixed salad, quinoa tabouleh, pickled vegetables, grilled flat bread, hummus, coconut mint yogurt and dukkah 20

Salt & Pepper Calamari (VOA,GF)

The Bank Café's best selling lunch for the past 7 years. A generous serving of crispy fried calamari served with an asian style slaw, orange segments, cashews, fried shallots, lime and avocado aioli 20

Vegan option available with crispy tofu

Roasted Pumpkin & Goats Cheese Salad (V,GF,VOA)

Roasted pumpkin, quinoa, crumbled goats cheese, pinenuts, balsamic roasted beetroot, mixed salad, house dressing and toasted seeds 20

Vegan option available. No goats cheese -\$2

Blackboard Specials

See staff or check the blackboard for specials. *Prices vary*

-LUNCH & SALADS-

Burgers Served from 11:30am - 2:30pm

All burgers served on an organic Sol Bread seeded bun
Burger only 15 - served with beer battered chips and aioli 18

Cheese Burger

100% local grass fed beef patty, double cheese, caramelised onion, salad, pickles, smoky BBQ sauce and aioli

Southern Fried Chicken Burger

Crunchy southern fried chicken breast with herby slaw, cheese, salad, pickles, chipotle aioli and hot sauce

Pulled Lamb Burger

5 hour low & slow roasted lamb with fresh cucumber, red onion, salad, mint yogurt and hickory BBQ sauce

Pumpkin & Black Bean Burger (V)

Fried house-made vegan patty with grilled eggplant, kimchi, salad, vegan cheese, salad, relish and vegan aioli

Sides to share

Bowl of Beer Battered Steak Fries - Served with aioli and smoky bbq sauce 7.5 (as a side with a meal 3)

Bowl of Sweet Potato Wedges - Served with sour-cream and sweet chilli sauce 8.5

Bowl of Herby Slaw & Mixed Salad - Only available when accompanying another menu item 8

-BURGERS & SIDES-

Hot Drinks

Coffee

Veneziano Coffee Roasters Estate Blend - Brazil, Colombia, Indonesia

Like to try something different? Ask staff about our rotating microlots and alternative brewing methods.

Espresso, Doppio, Macchiato, Piccolo 3.5

Flat white, Latte, Cappuccino, Long Black

Regular 4 / Large 4.5 / Jumbo 5 (T/A cup only)

Alternative milk / extra shot / decaf / syrups +0.50c

Retail Take Home Coffee Beans

Freshly roasted and ground to order. We stock blends to suit all drinkers and brewing methods

250gm - \$13.50

1kg - \$46

Check out our equipment supplies and local hero's too!

Specialty Lattes

- Turmeric – blend of turmeric, cinnamon, ginger & coconut blossom sugar 5

- Beetroot – blend of beetroot, ginger & coconut blossom sugar 5

- Spiced Chai – aromatic spices with premium black tea 4.5

- Dandelion – Roasted dandelion with 4.5

- Dark Hot Chocolate (GF) 4.5

Loose Leaf Tea & Spiced Chai

Byron Spiced Chai (VEGAN) 4.5

Chamellia Tea – Ethically traded and organic*

English Breakfast, Earl Grey, Gunpowder Green, Lemongrass & Ginger, Peppermint, Orange Pekoe 4.5

-HOT DRINKS-

Cold Drinks

Cold Pressed Juice

- Orange or apple 6.5
- Orange, carrot & ginger 7.5
- Watermelon, apple & mint 7.5

Smoothies

Green Machine (DF)

Spinach, kiwi, green apple, banana, mint, lime 9

Blueberry Bliss

Blueberries, banana, yogurt, local honey and milk 9

Tropical (DF)

Banana, mango, pineapple, orange, lime, honey, coconut milk 9

Bananarama

Banana, cinnamon, ice-cream, milk 9

House Made Iced Tea

- English breakfast, lime & fresh mint 5
- Pomegranate, apple & rosehip 5

Milk Shakes

Chocolate, strawberry, vanilla, caramel 6

Iced... as you like it

- Coffee, Mocha, Spiced Chai, Caramel, Strawberry - Served with vanilla ice-cream 6.5
- *Latte* / ice and milk only 5

Soft Drinks

- Coke & Diet Coke 350ml 3.5
- Bundeberg Range – 375ml – Ginger Beer, Traditional Lemonade, Lemon-Lime Bitters 4.5

- COLD DRINKS -

Liquor

Licensed from 10am

Beer & Cider

Stone & Wood Pacific Ale 8

Stone & Wood Green Coast Lager 8

Stone & Wood Cloud Catcher Pale Ale 8

Stone & Wood Garden Ale (mid-strength) 8

James Squire One Fifty Lashes Pale Ale 7

Corona (with lime) 7

Cascade Premium Light 6.5

5 Seeds Apple Cider 7

Wine

House white by the glass 6 - bottle 26

House red by the glass 6 - bottle 26

Bubbles - see staff - 200ml piccolo 8.5

Spirits & Mixers

Some of the usual suspects. See staff for current offerings.

Lunchtime Cocktails

Coming soon....

-BOOZE-

Kids All day. For under 12's

Kids Platter

Banana bread, seasonal fruit, granola & yogurt 8

Toastie

Ham & Cheese or Tomato & Cheese 8.5

Fried Egggy

1 egg with toast 6

Waffle

With vanilla ice-cream and maple syrup 10

Pancakes

With vanilla ice-cream and maple syrup 10

Cheese Burger (lunch only)

Beef patty, cheese, sliced tomato and ketchup (served with chips) 10

Chicken burger (lunch only)

Grilled chicken, cheese, lettuce and mayo (served with chips) 10

Fish & Chips (lunch only)

Battered flat head with chips and salad 12

Kids Drinks

Kids Milkshake 4

Kids Hot Chocolate 4

Babychino 1.5

Glass of milk 1.5

LITTLE ONES