



## **WHAT'S INSIDE...**

<b>BREAKFAST</b>	<b>1</b>
<b>BREAKFAST</b>	<b>2</b>
<b>LUNCH</b>	<b>3</b>
<b>COFFEE &amp; LATTES</b>	<b>4</b>
<b>SPECIALTY TEAS</b>	<b>5</b>
<b>COLD DRINKS</b>	<b>6</b>
<b>BOOZE</b>	<b>7</b>
<b>LITTLE ONES</b>	<b>8</b>

### **The fine print, in no particular order...**

We love our café, our staff, our customers and little old Lismore. We pride ourselves on using local, ethical and sustainably sourced produce wherever possible. Our team are just like you, and for that reason we ensure we have plenty of options to suit all dietary requirements. All of our bread is organic. VA = vegan or vegetarian option is available on request. GF = Gluten free. V = Vegetarian. Gluten free toast substitute +\$1. Half serves on 'selected' dishes -\$3. We open 7 days a week at 6am, 362 days per year (8am on public holidays). On Sundays and public holidays we charge an extra 10% which goes to staff because they are awesome and deserve it. Our kitchen closes at 2:30pm, we close around 3pm..ish. We do a lot of corporate catering and the venue is available for private functions. Thanks from us.

### **Farmers Big Breakfast**

Poached eggs, bacon, fried haloumi, grilled tomato, mushrooms, hash browns, relish & organic toast 24

### **Spicy House Baked Beans (VEGAN)**

With grilled tomato, avocado and micro salad on organic sourdough toast 16

### **Eggs Benedict (VA)**

Smoked Ham / Bacon / Mushrooms / Florentine 18 with Smoked Salmon +2

### **Nimbin Wagyu Breakfast Burger**

'Nimbin Grass Fed Wagyu' beef patty, bacon, egg, cheese, spinach, tomato, house pickles, hash browns, smoky BBQ sauce and harrisa aioli 18

### **Good Start Granola Bowl**

Toasted macadamia muesli, seasonal fruit, berry yogurt, coconut chia pudding and your choice of milk 14  
Gluten free available. Swap dairy for coconut yogurt +2

### **Veggie Bowl (V,GF)**

Sautéed greens, roasted pumpkin, haloumi, blistered cherry tomatoes, poached eggs, tahini dressing and pistachio dukkah 18

### **Zucchini & Parmesan Fritters (V)**

Poached Eggs, wilted spinach, grilled asparagus, maple relish and sour-cream 16  
add bacon or haloumi +4, smoked salmon +5

### **House-Made Waffle (V)**

Served with fresh banana, toasted local macadamias, vanilla ice-cream, chocolate sauce, maple syrup, berry coulis, sweet dukkah 16.5 Go Canadian and add bacon +4

### **Banana Bread (V)**

Toasted and served with butter or nuttelex 7

**More tasty breakfast options on the next page too...**

# **Breakfast 6am til 2pm**

## Build your own.....

Still can't decide? We're happy for you to build your own masterful breakfast creation. Start with eggs on toast (see below), then add whatever your tastebuds desire. Sorry half serves of sides not available.

### Add Some Extras

+5 each. Smoked salmon

+4 each. Bacon, ham, haloumi, mushrooms, spicy baked beans

+3 each. Grilled tomato, wilted spinach, 2 hash browns, marinated feta, half avocado

+2 each. Relish, hollandaise, 1 poached or fried egg

+1 Gluten free toast substitute

### Smashed Avocado & Feta (V)

2 slices of toasted organic sourdough with smashed avocado & Danish feta and toasted seed mix 14  
+ add 2 poached eggs +4, bacon or haloumi +4, smoked salmon +5

### Breakfast Butty (VA)

This is our no frills breakfast roll. \$8.50 #SPECIAL \$10 with regular coffee when ordered before 9am#

- Bacon & egg, cheese, BBQ sauce
- Grilled haloumi, lettuce, tomato relish, aioli

### Free Range Eggs on Organic Toast (V)

Poached or fried 10 / Scrambled 12

### Organic Toast (V)

2 slices sourdough, turkish, fruit or gluten free. PB, vegemite, honey, jam, nutella, butter or nuttalex 6

# Breakfast 6am til 2pm

### **Southern Fried Chicken (GF)**

Crunchy southern fried chicken breast served with herby slaw, crispy fried chat potatoes, house-made pickles and chipotle aioli 24

### **Grilled Barramundi (GF)**

Grilled barramundi served on sesame Asian greens, pickled carrot, shallots, black sesame, fresh chilli and sweet ginger soy sauce 24

### **Fried Sesame Tofu (GF,Vegan)**

Fried tofu tossed in hoisin and toasted sesame with quinoa, sweet potato, hummus, wilted kale, avocado and mushrooms 20

### **Salt & Pepper Calamari (VA,GF)**

Crispy fried calamari served with an asian style slaw, cashews, fried shallots, avocado and lime aioli 20

**Vegan option** available with *crispy tofu, hold the aioli.*

### **Warm Moroccan Pumpkin Salad (VA)**

With pearl couscous, wilted spinach, feta, pine nuts, beetroot, tahini dressing and toasted seeds 20

**Vegan option** (available with no feta)

### **Nimbin Grass Fed Wagyu Beef Burger**

Course ground Nimbin Grass Fed Wagyu patty with cheese, bacon, caramelised onion, lettuce, sliced tomato, pickles, smoky BBQ sauce and harissa mayo. Served with chips and aioli 19

### **Southern Fried Chicken Burger**

Crunchy southern fried chicken breast with herby slaw, cheese, lettuce, pickles, chipotle mayo and hot sauce. Served with chips and aioli 19

### **Sesame Coated Tofu Burger (Vegan)**

Crunchy fried tofu with asian slaw, avocado, sliced tomato, vegan mayo and sticky hoisin sauce. Served on an organic Turkish roll with chips 19

**Bowl of Beer Battered Fries** - Served with aioli and smoky bbq sauce 8. As a side with meal 3

# **Lunch 11:30am - 2:30pm**

# Coffee

*Proudly serving ethically sourced and specialty roasted coffee from **Veneziano Coffee Roasters***

*Ask staff about our rotating microlots and alternative brewing methods.*

Espresso, Doppio, Macchiato, Piccolo 3.5

Flat white, Latte, Cappuccino, Long Black

Regular 4 / Large 4.5 / Jumbo 5 (T/A cup only)

Alternative milk / extra shot / decaf / syrups +0.50c

## **Retail Take Home Coffee Beans**

*Freshly roasted and ground to order. We stock blends to suit all tastes and brewing methods*

**250gm - \$13.50**

**1kg - \$46**

Check out our specials, equipment supplies and Byron Bay Tea Company range.

## **Specialty Lattes**

*All served as large size standard*

- Turmeric – blend of turmeric, cinnamon, ginger & coconut blossom sugar 5
- Beetroot – blend of beetroot, ginger & coconut blossom sugar 5
- Spiced Chai – aromatic spices with premium black tea 4.5
- Dandelion – roasted dandelion 5
- Dark Hot Chocolate (GF) 4.5

# Coffee

Proudly serving **Byron Bay Tea Company's** organic and ethically sourced teas. Check out our retail range of specialty teas. All \$4.50. Also available on our retail shelf; they make an amazing gift.

**English Breakfast** - *A traditional blend of the finest quality Assam and Ceylon Black teas, which have been carefully combined to create a fully aromatic infusion with a rich, balanced flavour.*

**Early Grey** - *This classically scented Black tea has been blended with natural Bergamot Oil to produce a light, refreshing citrus flavour.*

**Green Tea Sencha** - *This Organic Sencha Green is a large-leafed green tea and a beautiful light green colour when steeped. It is light and refreshing with a brisk taste.*

**Peppermint** - *A fresh, minty tea that is both cooling and invigorating. Enjoy any time of the day.*

**Buddha's Tears** - *Buddha's tears roll tenderly from the tea plant; made with the bud and first two leaves. Carefully plucked and hand crafted into tiny pearls, they are then scented with fresh Jasmine blossoms.*

**Spiced Chai** - *Enliven the senses with this exquisite chai blend combining Black tea with traditional Indian spices and some native Australian ingredients. Aniseed Myrtle gives the chai an extra zing and Roasted Wattleseed creates a rich and malty flavour.*

**Ginger Zing** - *Cleanse and uplift with lemongrass, while enjoying the piquant and revitalising properties of ginger.*

**Calming** - *An exquisite, soothing evening tea combining Chamomile and Lime flower with Vanilla Bean and Cinnamon. The perfect way to relax and unwind at the end of a long, stressful day.*

**Energy** - *Brighten your day with this clean, balanced and lively infusion of Green Tea, Siberian Ginseng, Gotu Kola and mixed berries. A perky and delightful tea to pick you up in the morning, inspire your afternoon, or energise your evening. A healthy alternative to coffee.*

**Immunity** - *Feeling a little stampeded by life. Revive, renew and revitalise with this unique blend of Eucalyptus, Echinacea, Lemon Myrtle, Liquorice and Ginger.*

**Digest** - *A light, refreshing infusion featuring Peppermint, Lemon Balm and Fennel, which has been specially blended for enjoyment before, during, or after any meal. Understated, minty and gentle on the stomach.*

# Tea

# Cold Drinks

## Cold Pressed Juice

Orange or apple 6.5

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## Smoothies

Green Machine (DF)

*Spinach, kiwi, green apple, banana, mint, lime* 9

Tropical (DF)

*Banana, mango, pineapple, orange, lime, honey, coconut milk* 9

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## House Made Iced Tea

English breakfast, lime & fresh mint 5

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## Milk Shakes

Chocolate, strawberry, vanilla, caramel 6

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## Iced... as you like it

Coffee, Mocha, Spiced Chai, Caramel, Strawberry - Served with vanilla ice-cream 7

\*Latte\* / ice and milk only 5

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## Soft Drinks

Coke & Diet Coke 375ml 3.5

Bundaberg Range – 375ml – Ginger Beer, Traditional Lemonade, Lemon-Lime Bitters 4.5

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## Sparkling Water

**In- house 750ml - Only \$3** - *We've had a Purezza filtered sparkling water system installed to reduce bottle waste, and save you money. A percentage of all water sales are donated to Wilsons River Landcare, to plant riverbank trees right here in Lismore on our behalf.*

Take-away - San Pelligrino Sparkling – 500ml - \$5

Take away - Still Water 600ml – \$3.5

# Cold drinks

# Liquor

Licensed from 10am

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## Beer & Cider

Stone & Wood Pacific Ale 8

Coopers Green 7

Great Northern Super Crisp 6.5

5 Seeds Apple Cider 7

Beer Of The Week - see staff

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## Wine

House white by the glass 6 - bottle 26

House red by the glass 6 - bottle 26

Bubbles - see staff - 200ml piccolo 8.5

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## Spirits & Mixers

Some of the usual suspects. See staff for current offerings.

### Did you know....

**This old bank is a great place to have a private party or host corporate events. Leave your details with staff and our event organiser will contact you with more information**

# Booze



## **Kids** For under 12's

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### **Toastie**

Ham & Cheese or Tomato & Cheese 8.5

### **Fried Egggy**

1 egg with toast 6

### **Waffle**

With vanilla ice-cream and maple syrup 10

### **Cheese Burger** (lunch only)

Beef patty, cheese, sliced tomato and ketchup (served with chips) 10

### **Chicken burger** (lunch only)

Grilled chicken, cheese, lettuce and mayo (served with chips) 10

### **Kids Drinks**

Kids Milkshake 4

Kids Hot Chocolate 4

Babychino 1.5

Glass of milk 1.5

# **Little ones**